

## Important Information

### The Scottish Government's Test and Protect launches 28 May 2020

Test and Protect - Scotland's approach to implementing the 'test, trace, isolate, support' strategy - is a public health measure designed to break chains of transmission of COVID-19 in the community. Test and Protect will be rolled out across all health boards from 28<sup>th</sup> May. Under the system, people will need to isolate with their household as soon as they have symptoms and, if they have a positive test result, they will be asked to provide details of all recent close contacts to NHS contact tracers. Those people will be contacted and asked to isolate for 14 days.

#### Points to keep in mind:

- Anyone who has symptoms of COVID-19 (a new continuous cough, fever/high temperature - 37.8C or greater - or loss of or change in sense of smell/taste) must self-isolate straight away, and use [NHS Inform](#) or call **0800 028 2816** to arrange a test (for anyone aged 5 years or over with symptoms in your household).
- People who have tested positive for COVID-19 must self-isolate for a minimum of 7 days from the time their symptoms started
- Self-isolation may be required on more than one occasion
- Close contacts of someone who has tested positive and identified by an NHS contact tracer will have to self-isolate for 14 days. This could mean colleagues of an employee with symptoms may have been close contacts, and may be asked by the NHS to self-isolate if that employee does test positive
- NHS contact tracers may require someone to self-isolate even if they have previously tested positive for COVID-19 and have recovered.

The success of Test and Protect as a public health intervention will depend on the continued willingness of everyone in the population to comply with these measures. For more details, see the [Scottish Government website](#).