

CORONAVIRUS

**Have you been to an affected place in
the last 14 days?**

Had contact with somebody with Coronavirus?

Do you have any of these symptoms?

COUGH - FEVER - SHORTNESS OF BREATH

If yes and you suspect you may have contracted Coronavirus it is very important that **you do not come to the Health Centre.**

Isolate yourself at home and either, call the practice

Monday – Friday 8.00am – 6.00pm

on

0300 790 6244 – OPTION 2

Or

NHS24 on 111 – out of hours

You will then be advised what to do

You can find the latest information on the Coronavirus outbreak, including its symptoms and what to do if you have been in one of the “at risk” areas (or if you have been in contact with someone who has been in these areas) on the **NHS Inform website** - www.nhsinform.scot/coronavirus

You can also find the latest information for people intending to travel to countries that have experienced Coronavirus on the fitfortravel website.

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or

NHS24 on Telephone Number – 1 1 1 – out of hours