

The nurse will ask you questions, perhaps look at your injury and advise you on the right next steps for you. These may be:

### Outcomes

**CALL  
MIA**

MINOR INJURY ASSESSMENT



Self Care  
Advice

Attend  
Minor  
Injury Unit  
next day

Attend  
Minor  
Injury Unit  
same day

Advised to  
use local  
services  
such as  
pharmacy

If the Nurse Practitioner decides it is best for you to come into the Minor Injuries Clinic a speedy appointment will be made for you.

People are at the centre of what we do, making sure that you get the right treatment in the right place for the best outcome.

**NHS**  
Lothian

**CALL  
MIA**

MINOR INJURY ASSESSMENT



**CALL MIA ON:  
07977 246 848 (11AM – 7PM)  
FOR VIDEO CONSULTATION**

**NHS Lothian are now offering a Minor Injury Assessment by video call in your own home. Our aim is to provide timely assessments, advice or treatment for our patients.**

### Types of Injuries that are suitable for the Call MIA service

- Strains, sprains and suspected broken bones
- Wounds and Burns
- Musculo – skeletal conditions (joints, ligaments, muscles, nerves, tendons)

### Types of Patients not suitable for the Call MIA service

- Injuries from a week ago or more
- Patients who are seeking a second opinion
- Those who require emergency care for example chest pain (**CALL 111**)
- Patients less than 1 year old

The assessment will be carried out by a specialist Nurse Practitioner from the Minor Injury Unit using secure video consulting software. This software is private and confidential. Your Call MIA consultation is private and will never be recorded. All you need is a reliable internet connection and a device for making video calls such as a smartphone, tablet or computer with webcam.

